Ecklonia bicyclis and nano-curcumin combination is a potent antioxidant formula with a wide variety of uses. Inflammation is part of all disease states and curcumin is considered a herb that shuts off the master switch for inflammation in the body. Curcumin is the preferred antioxidant for smokers, arthritis, inflammatory bowel disease, pain and brain protection. It can be taken as an overall protective herb for general health. The nano-curcumin is considered the best form of this particular herb for absorption and effectiveness in the body.

Combined with ecklonia bicyclis this formula can be used as a master antioxidant formula for any adverse condition in the body. This combination may be combined with the other products in the line to enhance their function and add another layer of antioxidant protection.

Cordyceps first made international headlines in 1993, when female Chinese runners broke world records in a major competition. Their coach attributed this remarkable athletic performance to the use of Cordyceps. Today it is popular among athletes eager to boost their performance and stamina. According to the Memorial Sloan Kettering Cancer Center, animal and laboratory studies have found it contains anti-diabetic, anti-tumor and radioactive properties, while one human study found it improved kidney function.

Gynostema or "Jiaogulan" is an adaptogenic herb. An adatpogen is a substance that brings you whole body back into balance. It also increases strength and stamina and protects the body and mind against stress, either mental or physical.

It is especially helpful for the immune, digestive, nervous, reproductive and cardiovascular systems. It is a very potent health tonic. Gynostemma is very popular all over the world for it's ability to control weight. If you are too skinny, it can help you gain weight. If you are too heavy, it can help you lose weight. This is the balancing action of this adaptogen. It brings the body back to it's normal weight. It can also help maintain normal blood sugar levels and remove harmful blood fat. This causes your metabolic system to function better. It's also able to maintain healthy bowel function by it's cleansing action on the intestines and stomach. It eliminates toxins from the body too.

Huperzine is used for memory and learning enhancement, and age related memory impairment. It works by enhancing the neurotransmitters in the brain. Its benefits and effects arise from the fact that Huperzine increases acetylcholine levels in the brain. Not only does this increase information retention and memory formation, it can also boost concentration, mental clarity and the ability to process or calculate data.